



RAK Academy

Extra- Curricular Sports Timetable



3.15-4.15pm	Lunch time	After School
Sunday	Football (S.Hall, Grades 6&7) DRO Table Tennis (S.Gym, All Grades) COG	Girls Football (S.Hall, All Grades) MJO & COG Dodgeball (SGYM, All Grades) CLI Volleyball (S.Hall, All Grades) SMA
Monday	Athletics (S.Hall or Field, All Grades) SMA	U14s Football & Rugby (Field) DRO & JPE
Tuesday	IGCSE Theory Revision (S2105) COG	U12s & U16s Football (Field) SMA, CLI Basketball (S.Hall, All Grades) MJO
Wednesday	Dodgeball (SGYM, All Grades) MJO Cricket (S.Hall, All Grades) CLI	Badminton (S.Hall - All Grades) CBR
Thursday	Badminton (S.Hall, All Grades) DRO	Swimming (Pool, All Grades) CPR Indoor Football (BC S. Hall, Grades 10-12) TDA Staff Badminton (S.Hall) MJI